Get Your "R's" in Order!

### A Successful person is...

#### Jot down three

#### skills, attributes, or competencies

### that a person needs for

success.



# Durlak Research

 Meta-Analysis of SEL programs involving 270,034 Kindergarten – High School Students

SEL Participants demonstrated significantly improved social and emotional skills, attitudes, behavior, and academic performance that reflected an <u>11-</u> percentile-point gain in achievement.

<u>Durlak JA</u>, <u>Weissberg RP</u>, <u>Dymnicki AB</u>, <u>Taylor RD</u>, <u>Schellinger KB</u>., The impact of enhancing students' social and emotional learning: a meta-analysis of school-based universal interventions.</u>

# PCEP IMPACT

A continuing multi-year experimental research study in over 50 Kansas high schools has shown the following results between 2008-2010:

- Increased math achievement
- Narrowed reading achievement gap between experimental and control schools
- Significant decline in suspensions and expulsions

# How did we get to this place?

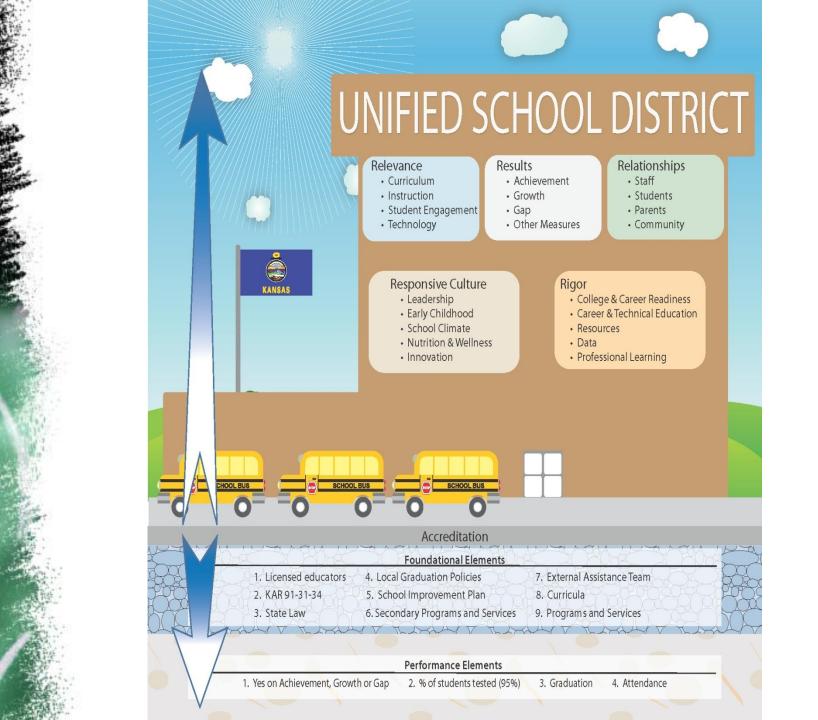
- The conditions and initiatives that have come together.
  - o Legislative mandate
  - o Bullying Legislation
  - Safe and Supportive Schools (S3)
  - 21<sup>st</sup> Century Accreditation
  - College and Career Ready Core Curriculum: ELA, Math, Social Studies, Science
  - Multi-Tier Systems of Support (MTSS)
    Kansas Career Pipeline

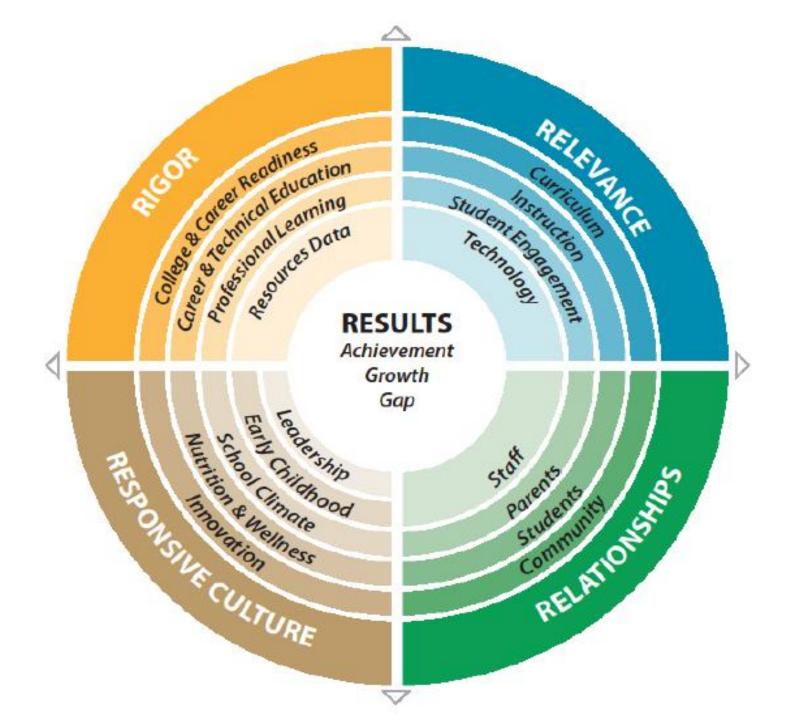


#### Mission of the Kansas State Board of Education

"to prepare Kansas students for lifelong success through rigorous academic instruction, 21st century career training, and character development according to each student's gifts and talents."







# Habits of Mind

- 1. Persisting
- 2. Managing impulsivity
- 3. Listening with understanding and empathy
- 4. Thinking flexibly
- 5. Thinking about your thinking
- 6. Striving for accuracy
- 7. Questioning and problem solving
- 8. Applying past knowledge to new situations

- 9. Thinking and communicating with clarity and precision.
- 10. Gather data through all senses.
- 11. Creating, imagining, and innovating
- 12. Responding with wonderment and awe
- 13. Taking responsible risks
- 14. Finding humor
- **15. Thinking interdependently**
- 16. Remaining open to continuous learning
  - Bena O. Kallick & Arthur L. Costa

### College and Career Ready Goal Common Core component...

Students who are college and career ready must identify and demonstrate welldeveloped social-emotional skills and identified individual and community core principles that assure academic, vocational, and personal success.

# CORE BELIEFS

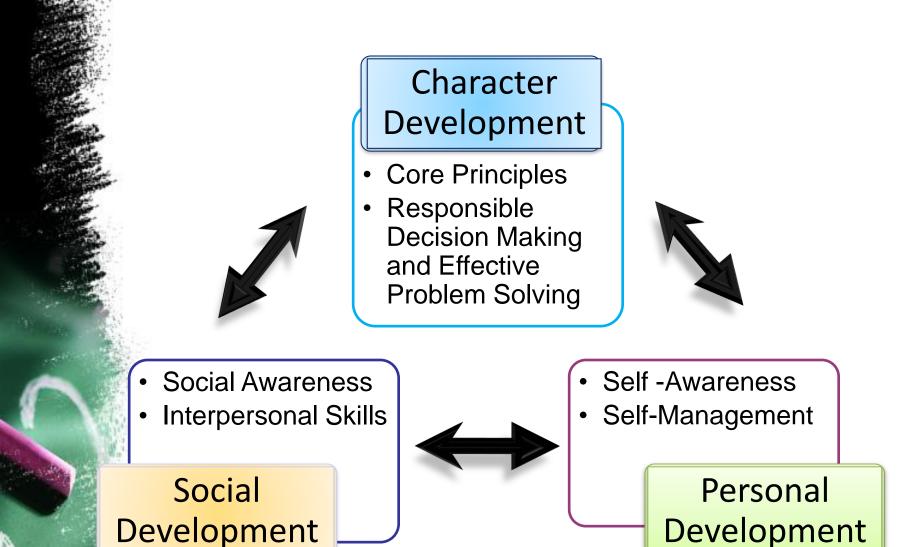
Personal management and relationship skills are vital in all aspects of learning and of life.

Students are most able to act in respectful and responsible ways when they have learned and practiced a range of social, emotional and character development skills.

Effective social, emotional and character development skills support academic achievement in students and constructive engagement by staff, families and communities.

Students learn best in a respectful, safe and civil school environment where adults are caring role models.

Bullying/Harassment Prevention and safe school initiatives are most sustainable when embedded systemically in a **whole school** Social, Emotional, and Character Development (SECD) programming.



Kansas Social, Emotional, and Character Education Standards



So....let's look at bit more deeply at the three strands...

### **Social Development**

#### **Definition:**

Developing skills that establish and maintain positive relationships and enable communication with others in various settings and situations.

#### Rationale:

Building and maintaining positive relationships and communicating well with others are central to success in school and life. Recognizing the thoughts, feelings, and perspectives of others leads to effective cooperation, communication, and conflict resolution. Social, Emotional, Character Development Standards

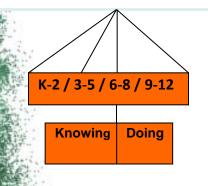
#### **Social Development**

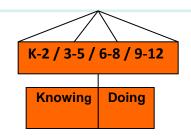
**Social Awareness** 

- A. Be aware of the thoughts, feelings, and perspectives of others.
- B. Demonstrate awareness of cultural issues and a respect for human dignity and differences.

**Interpersonal Skills** 

- A. Demonstrate communication and social skills to interact effectively.
- B. Develop and maintain positive relationships.
- C. Demonstrate an ability to prevent, manage, and resolve interpersonal conflicts.





#### **Social Awareness**

A. Be aware of the thoughts, feelings, and perspective of others.

	-	
K-2	1.	Identify a range of emotions in others (for example, identify "sad" by facial expression; identify "mad" by tone of voice).
	2.	Identify possible causes for emotions (for example, losing dog may make you "sad," your birthday may make you "happy").
	3.	Identify possible behaviors and anticipate reactions in response to a specific situation (for example, sharing candy may make your classmate smile; taking pencil may make your classmate yell at you).
	4.	Identify healthy personal hygiene habits.
3-5	1.	Describe a range of emotions in others (for example, sadness could be frustration, loneliness, disappointment).
	2.	Describe possible causes for emotions (for example, there may be multiple reasons for one emotion).
	3.	Describe possible behaviors and reactions in response to a specific situation (for example, list behaviors that a classmate might show after getting in trouble at school).
	4.	Develop and practice responsibility for personal hygiene, and describe its impact on social interactions.
6-8	1.	Describe others' feelings in a variety of situations.
	2.	Discern nonverbal cues in others' behaviors.
	3.	Summarize another's point of view.
	4.	Recognize how their behavior impacts others.
	5.	Recognize the factors that impact how they are perceived by others.
9-12	1.	Evaluate opposing points of view.
	2.	Analyze the factors that have influenced different perspectives on an issue.
	3.	Differentiate between the factual and emotional content of what a person says.
	4.	Demonstrate empathy for others.
	5.	Analyze the factors that impact how they are perceived by others in various settings. (for
		example, job interview, family gatherings, school activities.)

## Dig Deeper

• Look through the Social Development Stand and Answer the question below.

 How could the Social Development standards in this strand impact classroom management and discipline referrals?

### **Personal Development**

#### **Definition:**

Developing skills to help students identify, understand and effectively manage their thoughts, feelings and behaviors.

#### Rationale:

Personal and academic success are built upon the ability to consider thoughts, understand feelings and manage one's responses. Personal thoughts and feelings impact management of experiences and determine behavior outcomes.

Social, Emotional, Character Development Standards

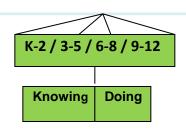
#### **Personal Development**

<u>Self Awareness</u> -Understanding and expressing personal thoughts and emotions in constructive ways. <u>Self-Management</u> – Understanding and practicing strategies for managing thoughts and behaviors, reflecting on perspectives, and setting and monitoring goals.

A.Understand and analyze thoughts and emotions
B.Identify and assess personal qualities and external supports

K-2 / 3-5 / 6-8 / 9-12 Knowing Doing

- A. Understand and practice strategies for managing thoughts, and behaviors.
- B. Reflect on perspectives and emotional responses.
- C. Set, monitor, adapt, and evaluate goals to achieve success in school and life.



## Dig Deeper

• Look through the Personal Development Stand and Answer the question below.

 How could the Personal Development standards in this strand impact student achievement?

### **Character Development**

#### **Definition:**

Developing skills to help students identify, define and live in accordance with core principles that aid in effective problem solving and responsible decision making.

#### Rationale:

Our schools have the job of preparing our children for American citizenship and participation in an interdependent world. Success in school and life is built upon the ability to make responsible decisions, solve problems effectively, and to identify and demonstrate core principles. Social, Emotional, and Character Development Standards

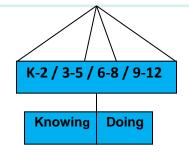
#### **Character Development**

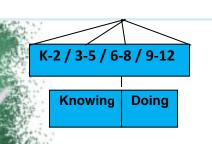
#### **Core Principles**

- A. Recognize, select, and ascribe to a set of core ethical and performance values as a foundation of good character and be able to define character comprehensively to include thinking, feeling and doing.
- B. Develop, implement, promote, and model core ethical and performance principles.
- C. Create a caring community.

Responsible Decision Making and Effective Problem Solving

- A. Develop, implement, and model responsible decision making skills.
- B. Develop, implement, and model effective problem solving skills.





## Dig Deeper

 Look through the Character Development Stand and Answer the question below.

 How could the Character Development standards in this strand be important in the real world?

### **Classroom Activities**

Look at the Grade Level Groups (K-2, 3-5, 6-8, 9-12) that best fit your students.

 Discuss the Instructional Examples for each Strand.

• Determine how you can incorporate the SECD Standards into your curriculum.

### S E C D : HHS Students working & collaborating across curriculum.













The HHS cardinal fight song is painted on the wall from the front gym doors to the second floor along the stairway.

THOMAS MORE PREP-MARIAN HIGH SCHOOL HAYS, KANSAS PARENT POWER PROGRAM 2013-2014

#### PRESENTATION TOPICS:

- 1. Personal Finance: Why It Matters to You (the importance of teaching financial literacy to youth)
- 2. Multiculturalism: Worlds of Opportunity
- 3. How to Communicate with Teenagers
- 4. Live, Learn, Lead (the importance of being involved in school)
- 5. Bullying
- 6. Young men to Gentlemen and Young ladies to Gentle-Women (how to teach respect, responsibility, and compassion)

- Social, Emotional, and Character
   Development Model Standards. April 2012
- Character Development Standard, K-12 with Instructional Examples
- Personal Development Standard, K-12 with Instructional Examples
- Social Development Standard, K-12 with Instructional Examples
- SECD Alignment with Kansas College and Career Readiness Standards and 21<sup>st</sup> Century Accreditation Standards

#### http://www.ksde.org/Default.aspx?tabid=5454

# **Contact Information**

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- Sue Kidd, Coordinator, Kansas Character
   Development Initiative, <u>skidd.kschared@gmail.com</u>

"If schools only focus on academic instruction and school management in their efforts to help students attain academic success, they will likely fall short of their goals."

Zins, Weissberg, Wang, Walberg, "Building Academic Success on Social and Emotional Learning; What does the research say", (2004) New York: Teachers College Press