# Grit \* Grow \* Adapt

Kansas Leadership Center Field Guide

## bit.ly/1wsZnzF



## Good vs. Great

 Read this <u>article</u> and build a 'T' chart of "Good vs. Great" educators.

• Add to the list with your personal experience.

• Compare and discuss in pairs.



## Good vs. Great

### What Makes Schools Great

Clear measurable mission that is student-centered.

Failure is accepted, celebrated and encouraged.

There is a premium on student voice.

Designed to meet the needs of the community it serves.

Agile and Organic: Adjusts to meet needs: methods meet the mission

Second order leadership, just in time leadership

Less time teaching, more time learning and collaborating for teachers

Multiple measures for evaluation

Feedback from alumni and alumni parents; current students/parents

School's role in community at large; school "of community", school build community

Students as teachers of each other, teachers, parents

Non silo-ed

Students feel happy, safe and cared for-- importance of social curriculum

Democratic process from students on throughout the system--meaningful role in decision making **Digital citizenship** Student ownership of learning Teachers are viewed as an investmentorganization willing to reinvest in teachers (and students); instead of being punitive Coaching form of evaluation for meaningful feedback that includes teacher feedback PD--Teachers teaching teachers Teachers/Admin also feel sense of belonging, feel work is significant and that they are significant WITHIN that (Mindset) If everyone is working in service of community, then everyone working in service of one another Don't mandate outcomes -- instead protect & serve the mission Involve students in process or in designing what is needing; involve students in interviewing other students for charter

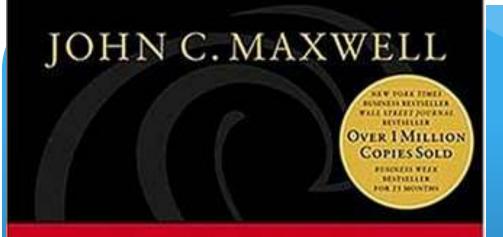
## Lucas Shivers



When you think about the future of your profession, what <u>concerns</u> you the most?

What makes progress *difficult*?

# Personal Passions/Defining Themes Educational Leadership Sustainability/STEM Instruction Underdog Students



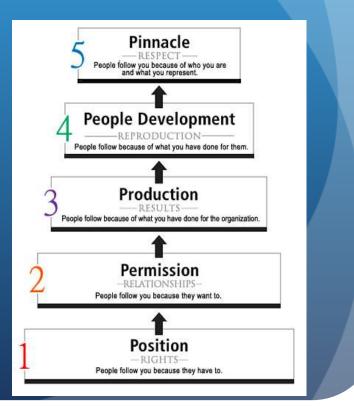
## THE 21 IRREFUTABLE LAWSOF LEADERSHIP

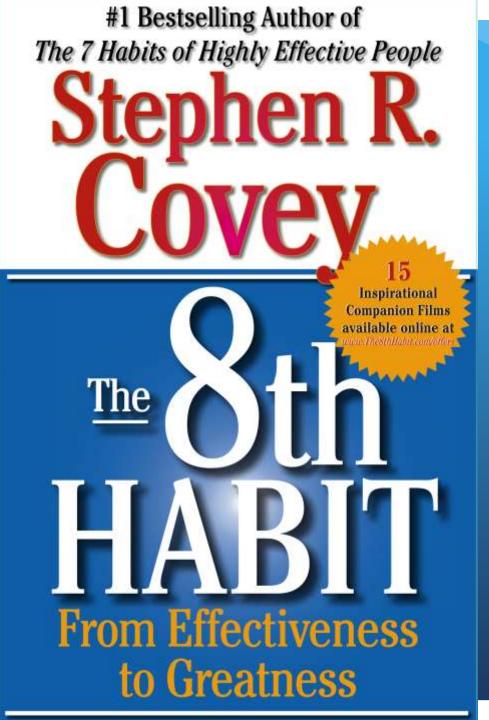
Follow Them and People Will Follow You

FOREWORD BY ZIG ZIGLAR

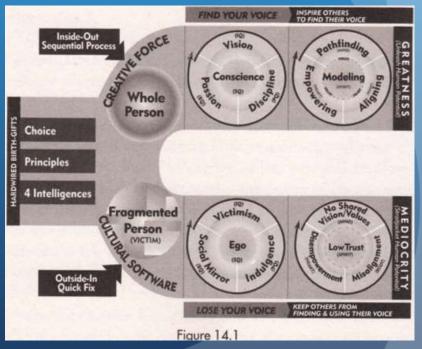
Leaders Who Develop Followers	Leaders Who Develop Leaders
Need to be needed	Want to be succeeded
Focus on weaknesses	Focus on strengths
Treat people the same	Treat people differently
Hoard power	Give power away
Spend time with others	Invest time in others
Grow by addition	Grow by multiplication
Affect only the people they touch personally	Affect people beyond their own reach

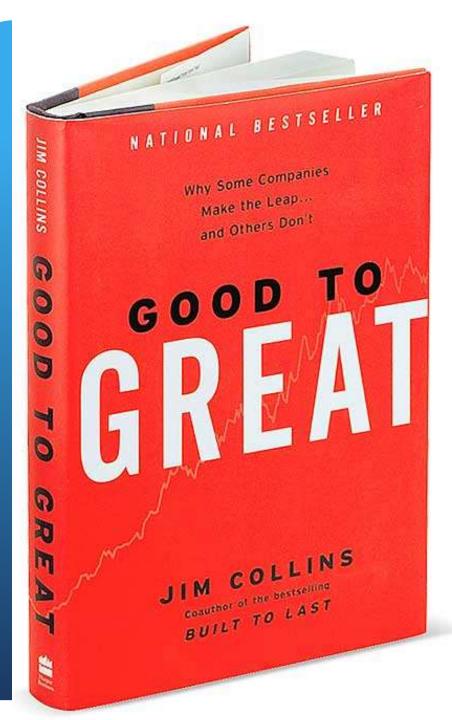
THE FIRST DUTY OF A LEADER IS TO BUILD MORE LEADERS

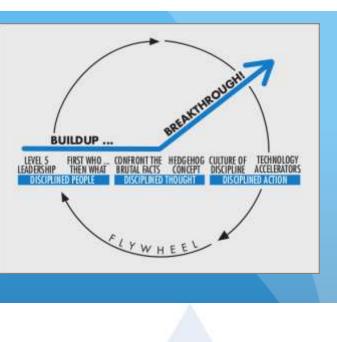




Whole Person	Four Needs	Four Capacities	Four Attributes	Voice
Body	To live	PQ	Discipline	Need
Mind	To learn	10	Vision	Talent
Heart	To love	EQ	Passion	Passion
Spirit	To live a legacy	\$0	Conscience	Conscience









## FOR THE COMMON GOOD



Redefining Civic Leadership

BAVID D. CHRISLIP esd ED O'MALLEY

#### Convergited Material

multipliers HOW THE BEST LEADERS MAKE EVERYONE SMARTER

#### THE 5 DISCIPLINES OF THE MULTIPLIERS

#### Diminisher **The Empire** Hoards resources and underutilizes talent Builder Creates a tense environment The that suppresses people's Tyrant thinking and capability The Gives directives that showcase how much they know Know-It-All Makes centralized, abrupt The Decision decisions that confuse the Maker organization The Micro Drives results through their personal involvement Manager

#### Multiplier

	12 N		
The Talent Magnet	Attracts talented people & uses them at their highest point of contribution		
The Liberator	Creates an intense environment that requires people's best thinking & work		
The Challenger	Defines an opportunity that causes people to stretch Drives sound decisions through rigorous debate		
The Debate Maker			
The Investor	Gives other people the ownership for results & invests in their success		



## LIZ WISEMAN | WITH GREG MCKEOWN

FOREWORD BY STEPHEN R. COVEY

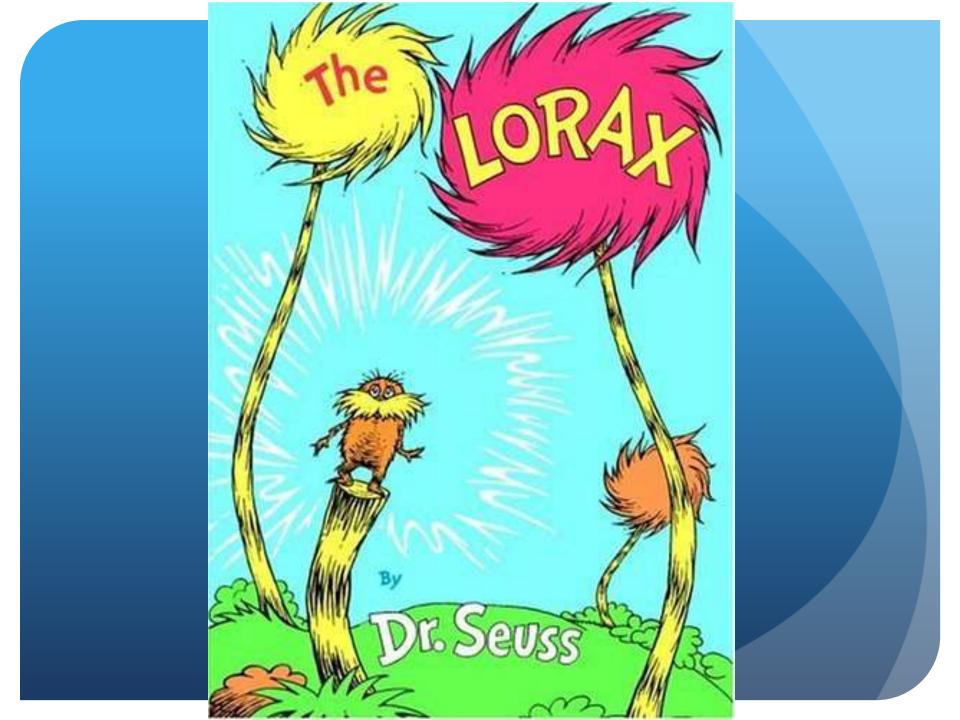
## what's best next

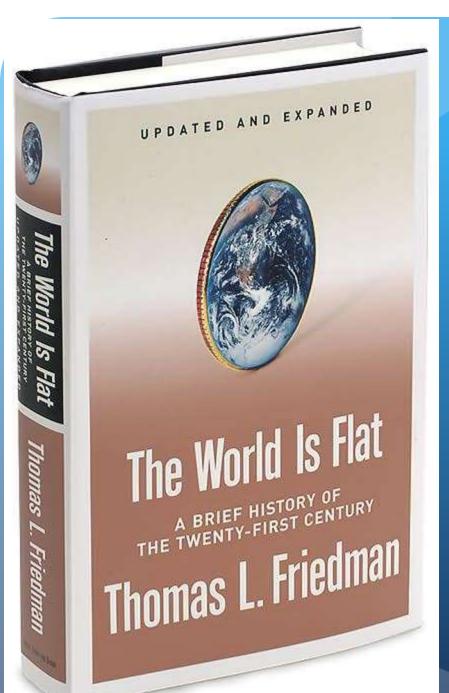
HOW THE GOSPEL TRANSFORMS THE WAY YOU GET THINGS DONE



## MATT PERMAN

CONTROLS BY LOWB FLEER







THOMAS L. FRIEDMAN Hot, Flat, and Crowded

WHY WE NEED A GREEN REVOLUTION – AND HOW IT CAN RENEW AMERICA

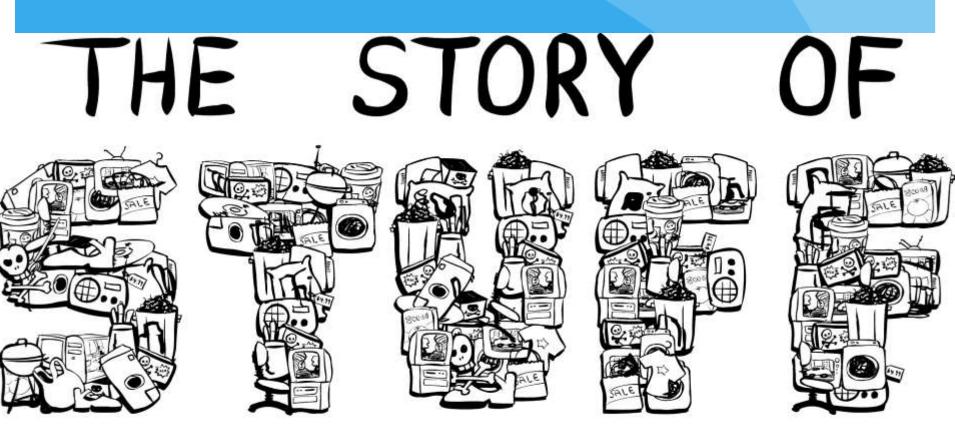


AUTHOR OF THE #1 BESTSELLER, Emotional Intelligence

# DANIEL GOLEMAN

HOW KNOWING THE HIDDEN IMPACTS OF WHAT WE BUY CAN CHANGE EVERYTHING

# ECOLOGICAL INTELLIGENCE



## WITH ANNIE LEONARD

"This book is an absolute must-read for parents." - The Boston Globe

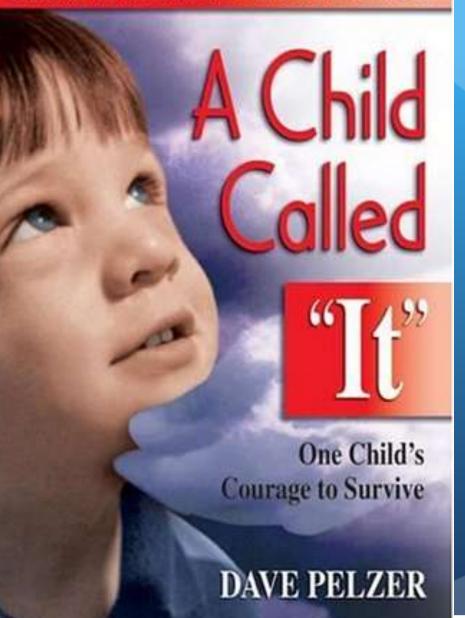
## Last Child in the Woods

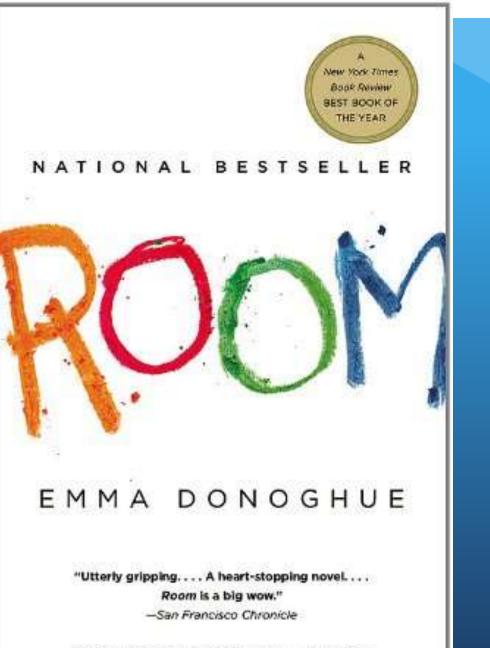
Saving Our Children from Nature-Deficit Disorder

## **Richard Louv**

## THE EXTRAORDINARY INSPIRATIONAL STORY

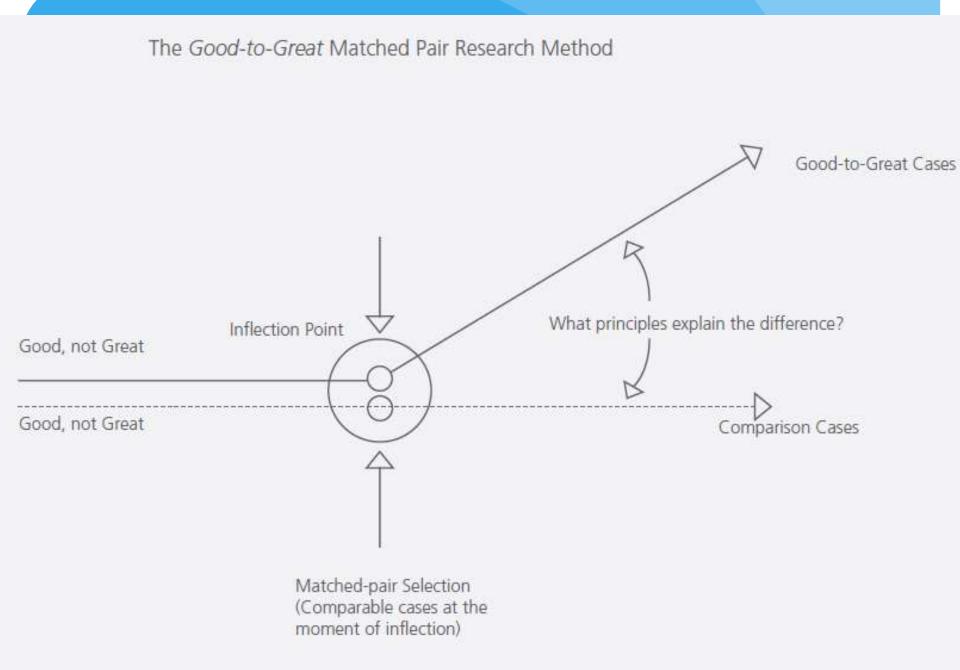
THE #1 NATIONAL AND INTERNATIONAL BISISTERS CELEBRATING MORE THAN 6 YEARS ON THE NEW YORK TIMES DESIGNATION (78)





"One of the best books of the year.... A riveting, powerful novel.... Impossible to put down." --Boston Globe

## **DODI PLOUDE** NEW YORK TIMES BESTSELLING AUTHOR NINETEEN MINUTES





- <u>http://www.jimcollins.com/media\_topics/h</u>
   <u>edgehog-concept.html#audio=39 -</u>
- <u>http://www.jimcollins.com/tools/diagnosti</u>
   <u>c-tool.pdf</u> pg 11

 Four years to get a HC, 7 years to build momentum to go from Good to Great - be ready for the long haul!

## Grit

 Tendency not to abandon tasks in the face of obstacles. Perseverance, tenacity, doggedness. Not seeking something fresh because of novelty. Not "looking for a change." Cox (1926) • Follow-through, "evidence of purposeful, continuous commitment to certain types of activities versus sporadic efforts in diverse areas" Willingham (1985)



## • How do you rank on the scale?



## TED Talk

Leaving a high-flying job in consulting, Angela Lee Duckworth took a job teaching math to seventh graders in a New York public school. She quickly realized that IQ wasn't the only thing separating the successful students from those who struggled. Here, she explains her theory of "grit" as a predictor of success.



## West Point Cadets National Spelling Bee

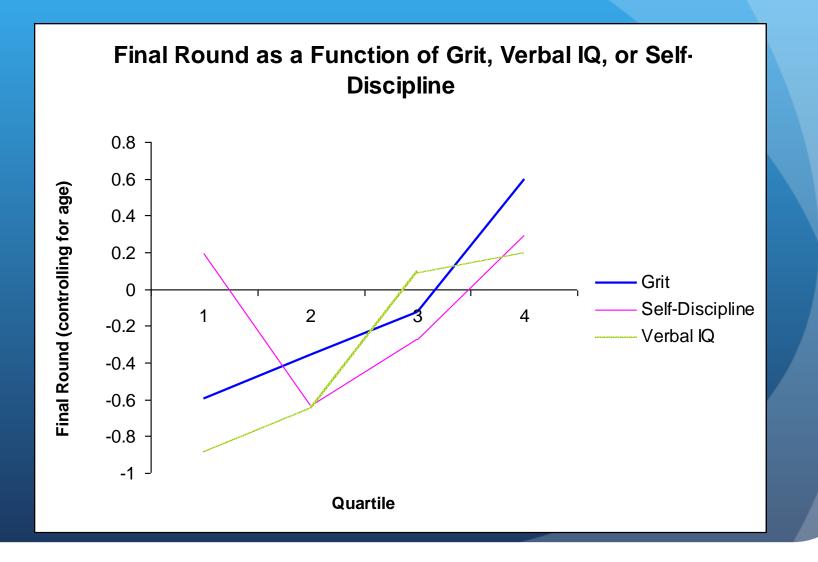


KINGSTON, NEW YORK

## Grit

- Across nine different colleges, controlling for SAT scores and high school GPA, 'grit' was the best predictor of who would graduate with academic honors.
- Moreover, 'grit' was the single best predictor of whether a student would be elected or appointed to a leadership position in college or whether a student would make a significant accomplishment in science, art, sports, communications, organization, or some other endeavor

## Grit predicted performance better than self-discipline



## The Academic Mindsets



#### Mindset #1: Growth

- Effort Equals Increased Intelligence and Ability
- Persist Even with Setbacks
- Believe in Continued Growth



#### Mindset #2: Self-Efficacy

- Believe in Success
- Goals Are Attainable
- Must See a Clear Path to Reach Goal



#### Mindset #3: Sense of Belonging

- Feeling of Belonging to the Learning Community
- Connect Learning with Social Rewards
- Belonging Equals Engagement, Which Leads to Pushing Their Potential



- Work Has Value And Purpose
- Value the Skills and Knowledge They Are Attaining
- Find Work Relevant and Interesting



Leads to a desire to look smart and therefore a tendency to...

## Growth Mind-set Intelligence can be developed

Leads to a desire to learn and therefore a tendency to...

## Growth Mindset Intelligence can be developed

#### Leads to a desire to learn and therefore a tendancy to ...

If you hold a Growth Mindset, you believe that intelligence can be developed, that the brain can be grown and strengthened, like a muscle that can be trained. This leads to your desire to improve.

#### . embrace challenges

And how do you improve? First you embrace challenges because you know you'll come out stronger on the other side.

#### ... persist in the face of setbacks

Similarly, obstacles or external setbacks do not discourage you. Your self-image is not tied to your success or how you will look to others. Failure is an opportunity to learn and so, whatever happens, you will win.

#### ... see effort as the path to mastery

As a Growth Mindset individual, you see effort as necessary to grow and master useful skills. and knowledge; you do not view effort as something useless or to be avoided. You are not turned away by fears that you might make an attempt, or even work hard, and that failure is possible.

#### ... learn from criticism

Criticism and negative feedback are sources of information. That doesn't mean that all criticism is worth integrating or that nothing is ever to be taken personally. As a Growth Mindset individual, you know that you can continue change and improve, so negative feedback is not perceived as being directly about you as a person but rather about the current state of your abilities.

#### ... find lessons and inspiration in the success of others

You see the success of others as sources of inspiration, information opportunities to learn. Growth mindset individuals do not view success as a competitive, zero-sum game with others.

#### As a result, you reach ever-higher levels of achievement.

All this gives you a greater sense of free will.

As a Growth Mindset individual, you note your improvements and this creates positive feedback loops that encourage you to continue learning and improving.

Most people do not have a 100% Growth Mindset or a 100% Fixed Mindset; most of us have some of both. The good news is that it is possible to change your worldview from Fixed Mindset to Growth Mindset. Carol Dweck's research indicates that both children and adults can be taught to change their mindsets.

GRAPHIC BY NIGEL HOLMES

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## Fixed Mindset Intelligence is static



#### Leads to a desire to look smart and therefore a tendancy to ...

People who hold a Fixed Mindset believe that "we are the way we are", but that does not mean that they have less desire than anyone else for a positive self-image. So of course they want to perform well and appear to be smart.

#### ... avoid challenges

A challenge, by definition, is hard and success is not assured. So rather than risk failing and negatively impacting their self-image, Fixed Mindset individuals will often avoid challenges and stick to what they already know they can do well.

#### ... give up easily when faced with obstacles

This same thinking applies to obstacles. The difference is that challenges are things that they can decide whether to face while obstacles are external forces that get in their way.

#### ... see effort as fruitless or worse

Fixed Mindset individuals ask themselves, "What's the point of working hard and making efforts if afterwards I might still be on square one?" Their worldview tells them that effort is an unpleasant thing that does not really pay dividends, and so the smart thing to do is for them to avoid it as much as possible.

#### ... ignore criticism or useful negative feedback

The Fixed Mindset logically leads people to believe that any criticism of their capabilities is criticism of them as a person. Useful negative feedback is ignored, in the best of cases, and taken as an insult the rest of the time. This usually discourages people who are around a Fixed Mindset individual and, after a while, they stop giving any negative feedback. This further isolates that person from external influences that could generate some change.

#### ... feel threatened by the success of others

Fixed Mindset individuals see the success of others as benchmarks against which they will look bad. When others succeed, they will try to convince themselves, and the people around them, that the success was due to either luck (because almost everything is due to luck in the Fixed Mindset world), or to objectionable actions. They may try to tarnish the success of others by bringing up things completely unrelated, ("Yes, but did you know about her ...").

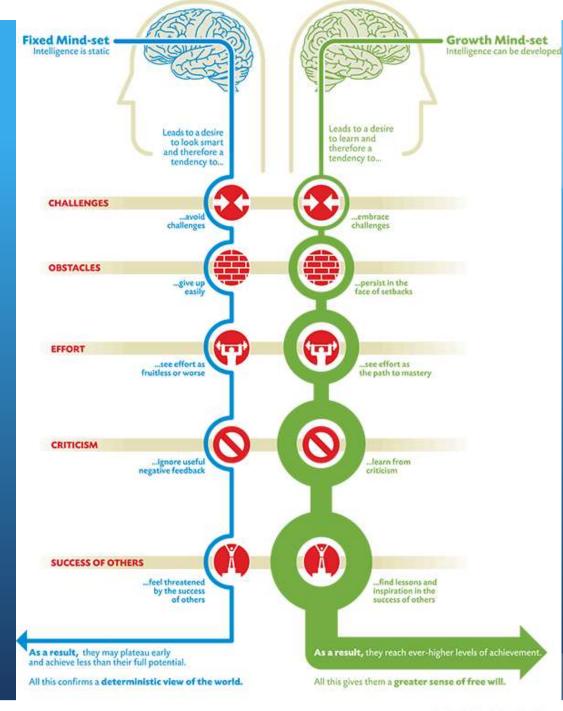
All this confirms a deterministic view of the world.

## As a result, they may plateau early and achieve less than their full potential.

Fixed mindset individuals do not reach their fullest potential and their beliefs feed on themselves, forming negative feedback loops. They don't change or improve much of the time, if ever, and so for them this confirms that "we are the way we are".

GRAPHIC BY NIGEL HOLMES

1



	FIXED MINDSET THINKING	GROWTH MINDSET THINKING
ACHIEVEMENT	means proving you're smart.	means that you're learning and stretching.
BEING SMART	means that you're making no mistakes.	means that you're confronting a challenge and making progress.
A SETBACK OR MISTAKE	leads to loss of confidence.	indicates an area for growth.
FAILURE	leads to humiliation.	means that you're not yet fulfilling potential.
EFFORT	shouldn't be required if you're smart and takes away excuses for failure.	is the path to mastery that makes you smarter. You get out what you put in.
SUCCESS	is defined as being the best and is based on talent.	is defined as working hard to become your best and is based on motivation.
A BAD GRADE	means it's time to give up.	means it's time to work harder.
FEEDBACK	is threatening, as it provides good or bad news about precious traits.	is welcomed, as it provides useful direction toward areas to work on.
THE NEED TO ASK FOR HELP	indicates a weakness or deficiency which should not be admitted.	is a useful strategy for growth.
STEREOTYPE THREAT	is high due to fears of confirming negative stereotype.	is low; a stereotype is simply someone else's inaccurate view of their abilities.
TALENTED PEERS	become grounds for feeling threatened and jealous.	are a source of inspiration.

## Want to develop a growth mindset?

1. Deconstruct: Break down large problems into smaller tasks. 2. Evolve: Learn from your mistakes. 3. Persevere: Persist in the face of setbacks.

### KLC MISSION AND VISION

### MISSION To foster civic leadership for healthier Kansas communities

#### VISION

To be the center of excellence for civic leadership development

### CORE OBJECTIVES OF KLC PROGRAMS

#### INSPIRE

We want to inspire participants to care more, engage more and risk more on behalf of making their communities healthier places.

#### EDUCATE

However, we want to educate them on how to engage more effectively. We are not interested in creating martyrs, but instead citizens skilled at exercising leadership.

#### CONNECT

And, we want to connect our participants together to create strong networks oriented towards improving the health of Kansas communities.

If you ever lose sight of our programmatic objectives, just remember INSPIRE, EDUCATE and CONNECT. It is really that simple.

## KLC LEADERSHIP PRINCIPLES PRINCIPLES

### KLC CIVIC LEADERSHIP PRINCIPLES

- Leadership is an activity, not a position.
- Anyone can lead, anytime, anywhere.
- It starts with you and must engage others.
- Your purpose must be clear.
- It's risky.

## Adaptive vs. Technical Challenges

### Technical Adaptive Kind of Problem & Type of Locus of Work Work Solution Work Definition Technical Clear Authority **Optimize Execution** Technical & Adaptive Adaptive Requires Stakeholders Experiments & Smart Risks Learning

**KLC** Competencies Diagnose Situation Manage Self • Energize Others Intervene Skillfully

# DIAGNOSE SITUATION

### DIAGNOSE SITUATION

- Explore tough interpretations
- Distinguish technical and adaptive work
- Understand the process challenges
- Test multiple interpretations and points of view
- Take the temperature
- Identify who needs to do the work

# A problem well stated is a problem half solved.

CHARLES KETTERING



### MANAGE SELF

- Know your strengths, vulnerabilities and triggers
- Know the story others tell about you
- Choose among competing values
- Get used to uncertainty and conflict
- Experiment beyond your comfort zone
- Take care of yourself

## The first and best victory is to conquer self.

PLATO



## **ENERGIZE OTHERS**

- Engage unusual voices
- Work across factions
- Start where they are
- Speak to loss
- Inspire a collective purpose
- Create a trustworthy process

There are two ways of spreading light: to be the candle or the mirror that reflects it.

EDITH WHARTON

# **INTERVENE SKILLFULLY**

### **INTERVENE SKILLFULLY**

- Make conscious choices
- Raise the heat
- Give the work back
- Hold to purpose
- Speak from the heart
- Act experimentally

To dare is to lose one's footing momentarily. Not to dare is to lose oneself.

SOREN KIERKEGAARD

# **DIAGNOSE** SITUATION





# **ENERGIZE OTHERS**



# INTERVENE SKILFULLY





### • <u>Report</u>

## Thank you!

Lucas Shivers lucass@usd383.org