



Fueling Common Core Achievement

Fostering Academic & Personal Excellence



Excellence

good qualities in high degree

~Aristotle

“ We are what we
repeatedly do
Excellence, therefore
is not an act but
a habit.”

~Aristotle

3 essential beliefs

- 1. Excellence is fosterable.**
- 2. Excellence can be fostered in students.**
- 3. I can foster it.**



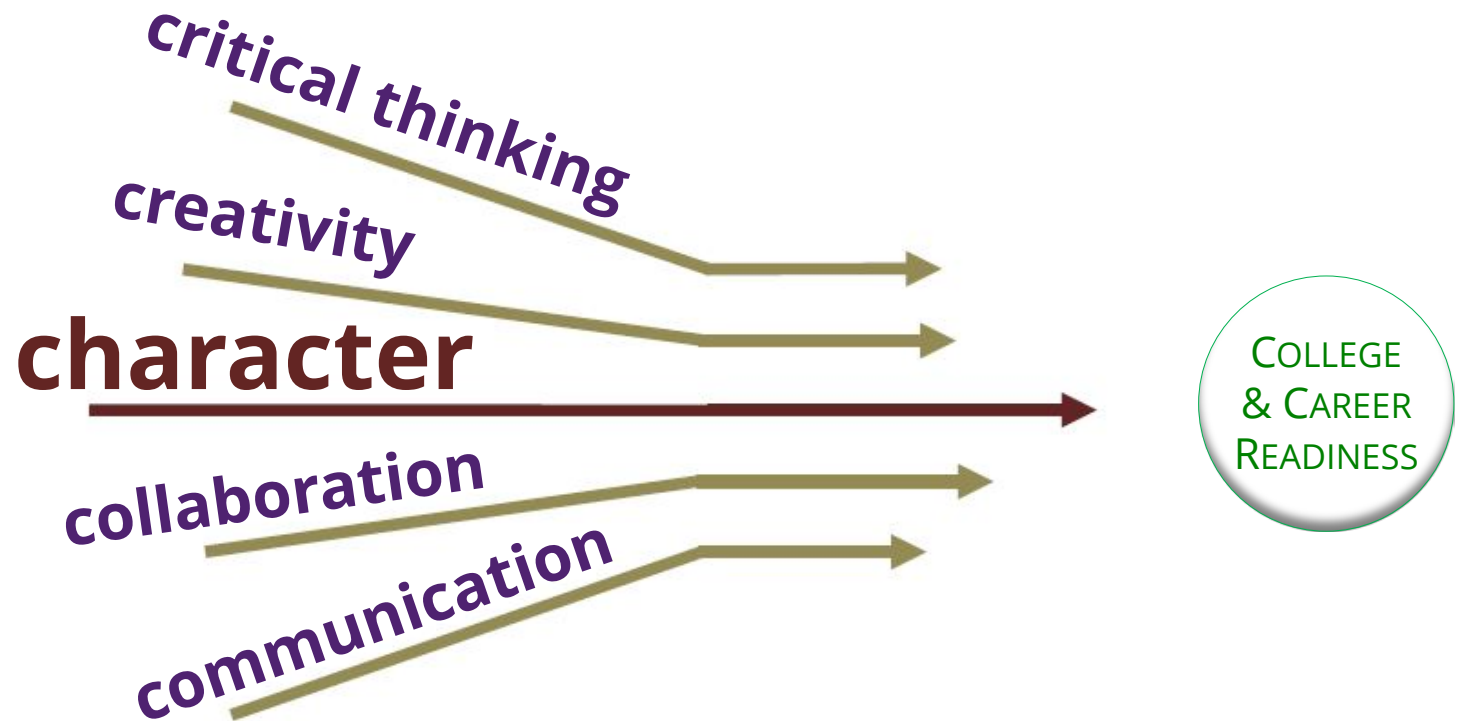


academic excellence

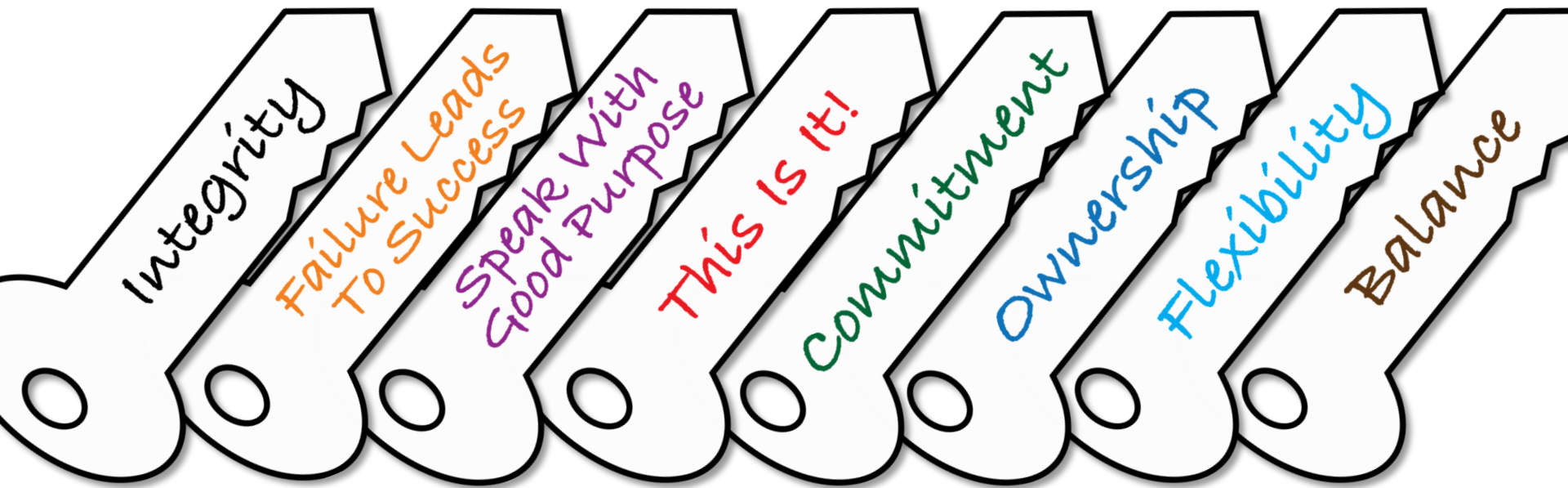
OR

personal excellence

COGNITIVE AND SOCIAL SKILLS (THREADS)

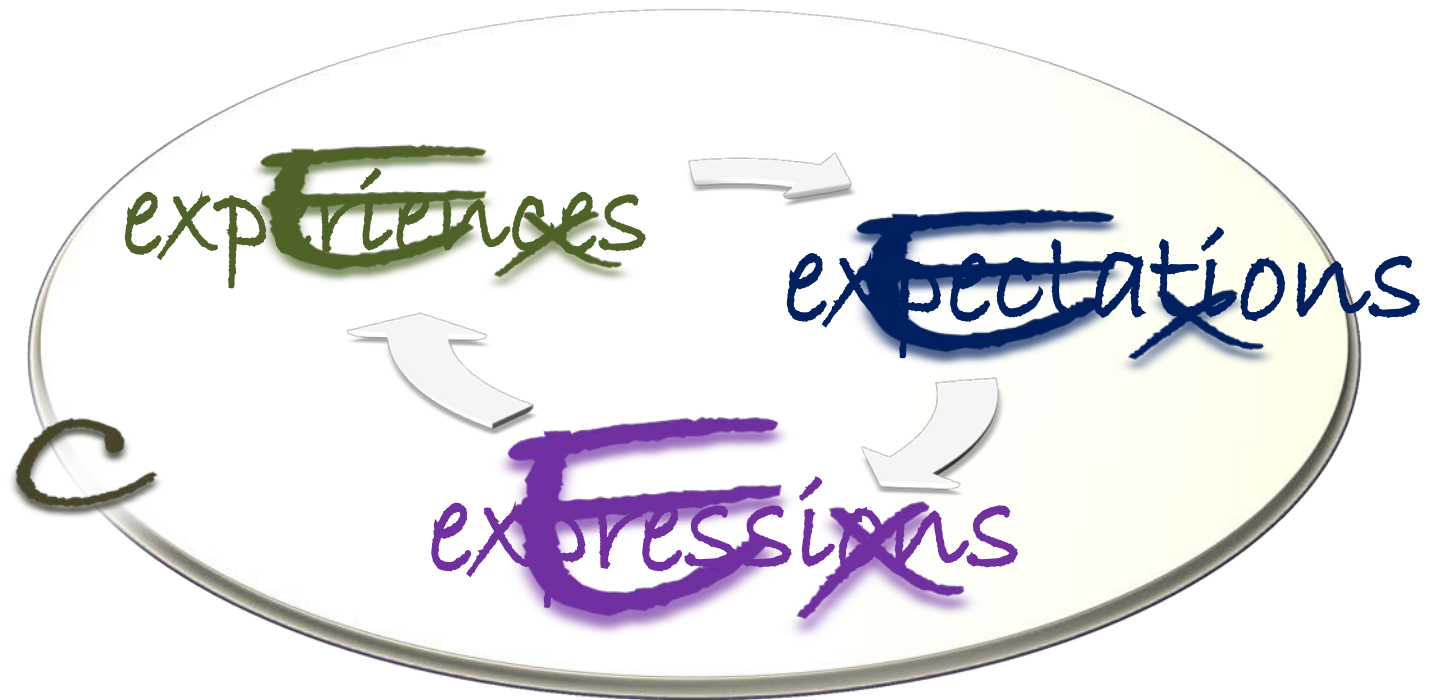


The 8 Keys of Excellence



a guiding set of principles that create a common language





Experiences

shape our

Expectations

which shape our

Expressions

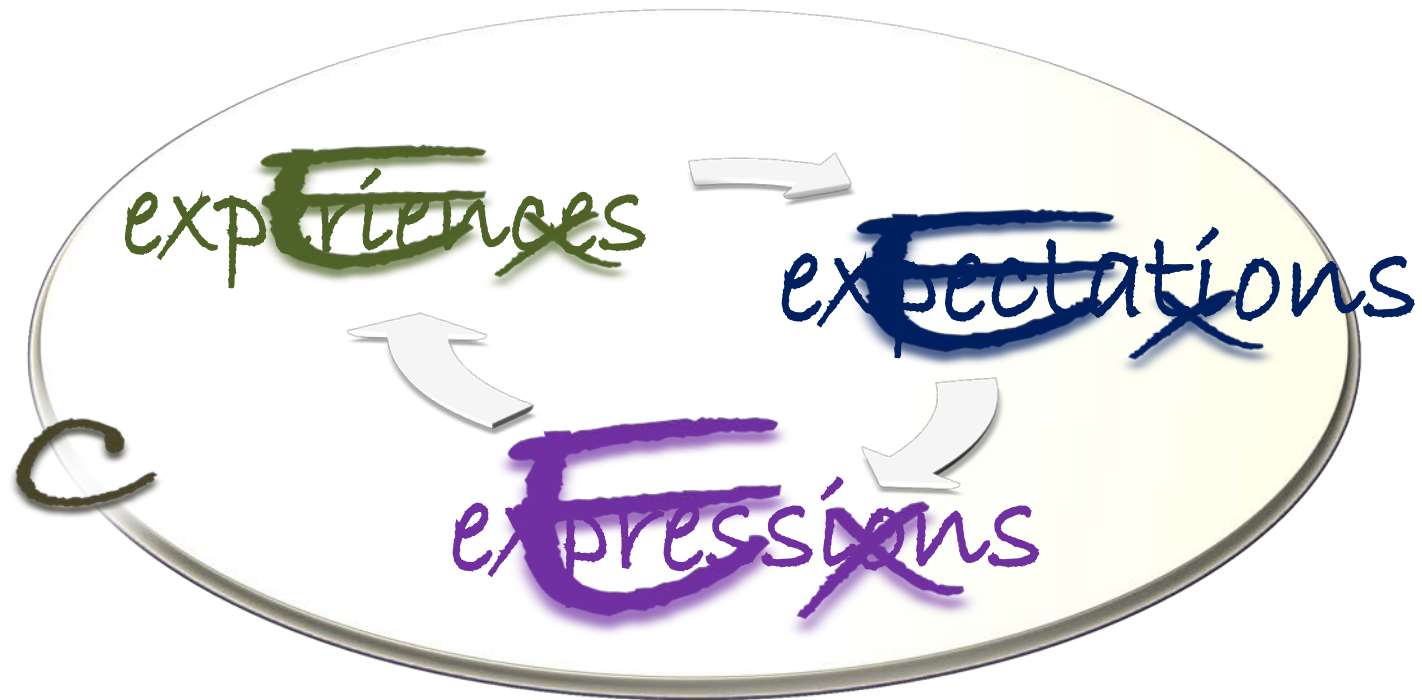
Expressions

are shaped by our

Expectations

which are shaped by our

Experiences





Sit.



Sit.



Sit.



Sit.



Sit.



Sit.



Sit.



Sit.



Sit.



Sit.



Sit.



Sit.

GUIDING QUESTIONS

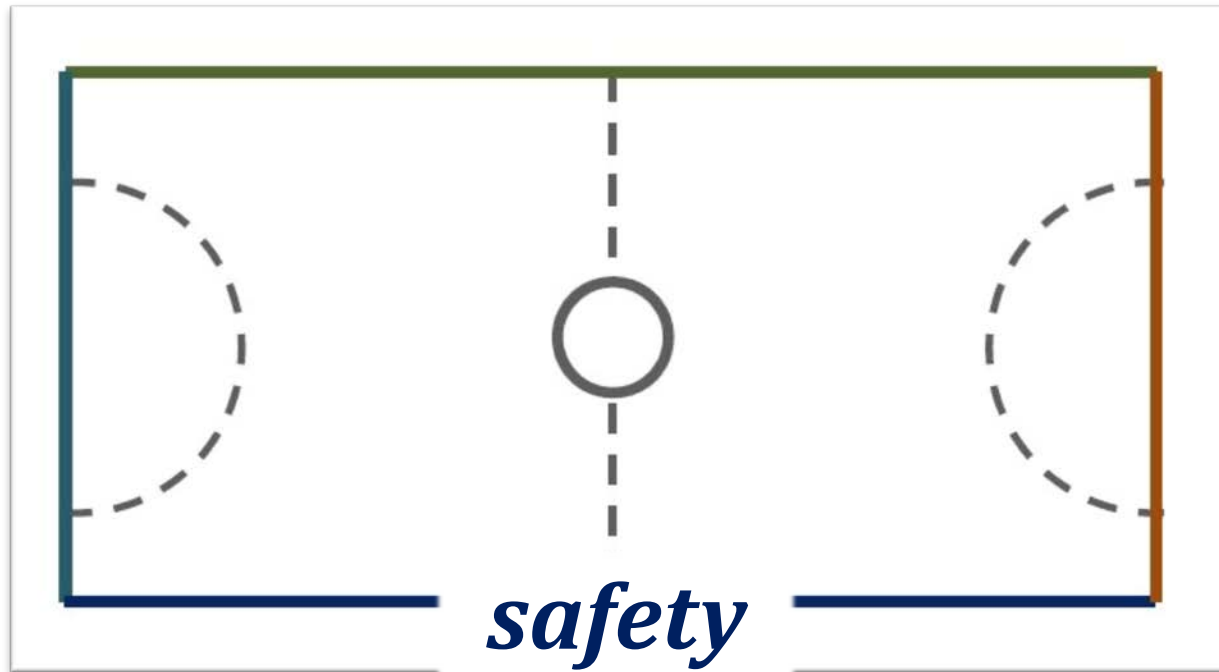
- What gives musical performers, athletes, actors and actresses their competitive and creative edge?
- What factors help them perform at their best?





HOME COURT ADVANTAGE

HOME COURT ADVANTAGE



HOME COURT ADVANTAGE



in **10** tion

UPGRADED PERFORMANCE

I will not give up on you.

You can do this.

This is important.

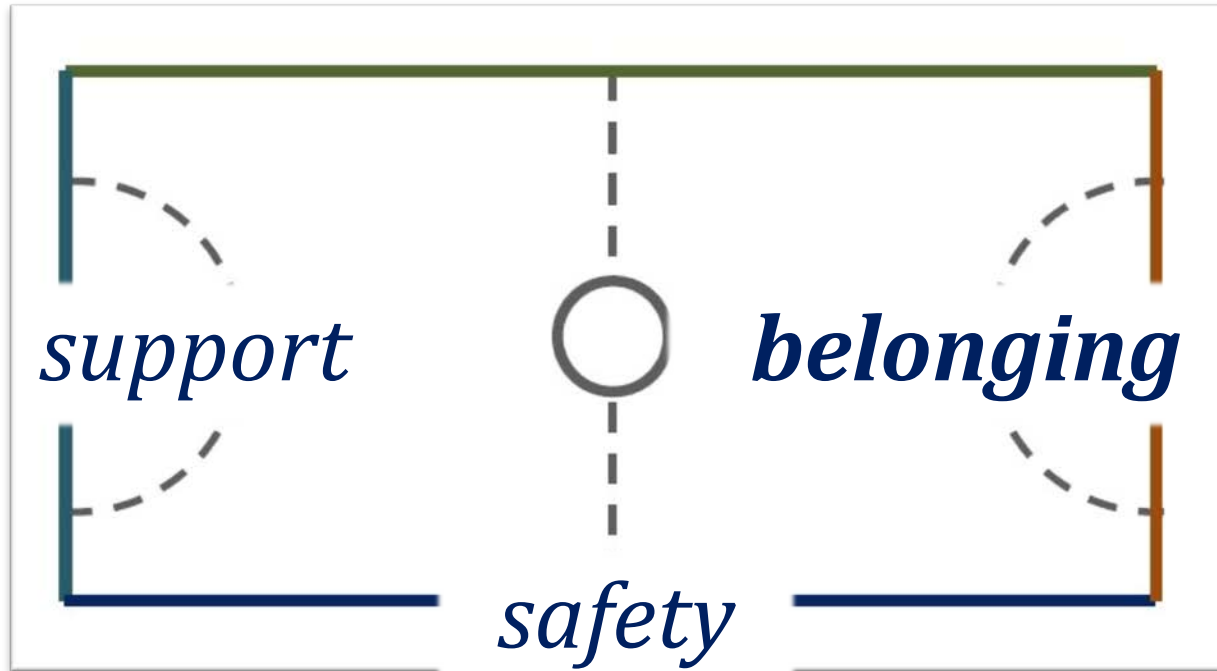
CURRENT PERFORMANCE

current beliefs, attitudes

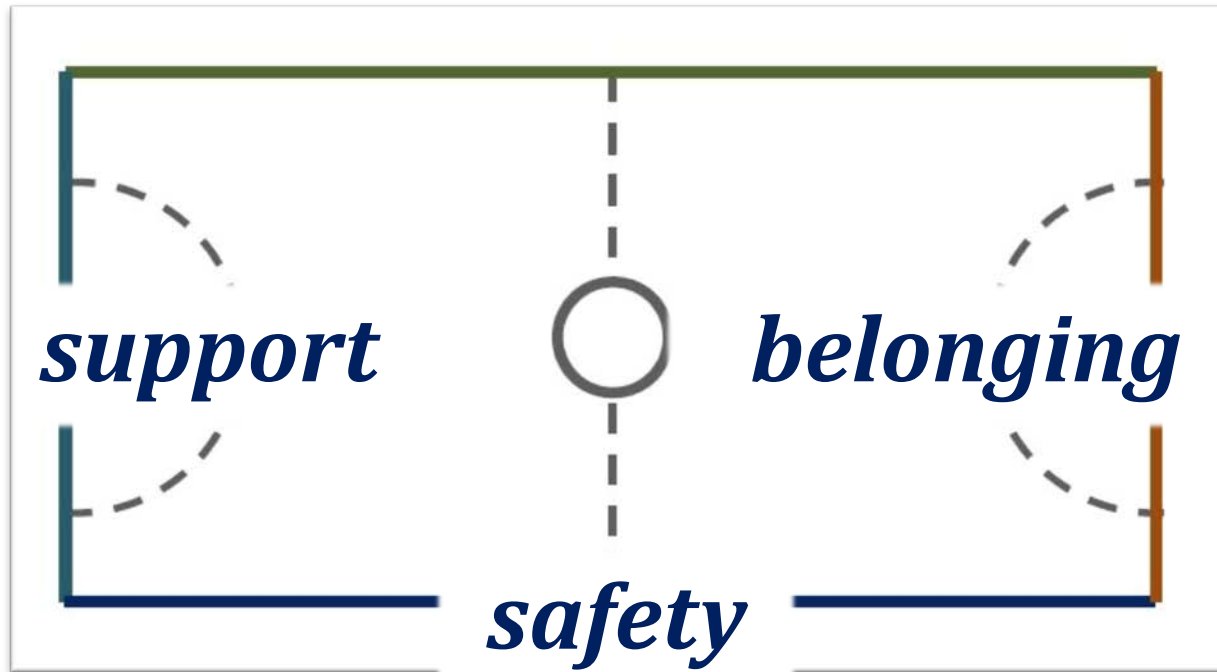
past experiences



HOME COURT ADVANTAGE



HOME COURT ADVANTAGE

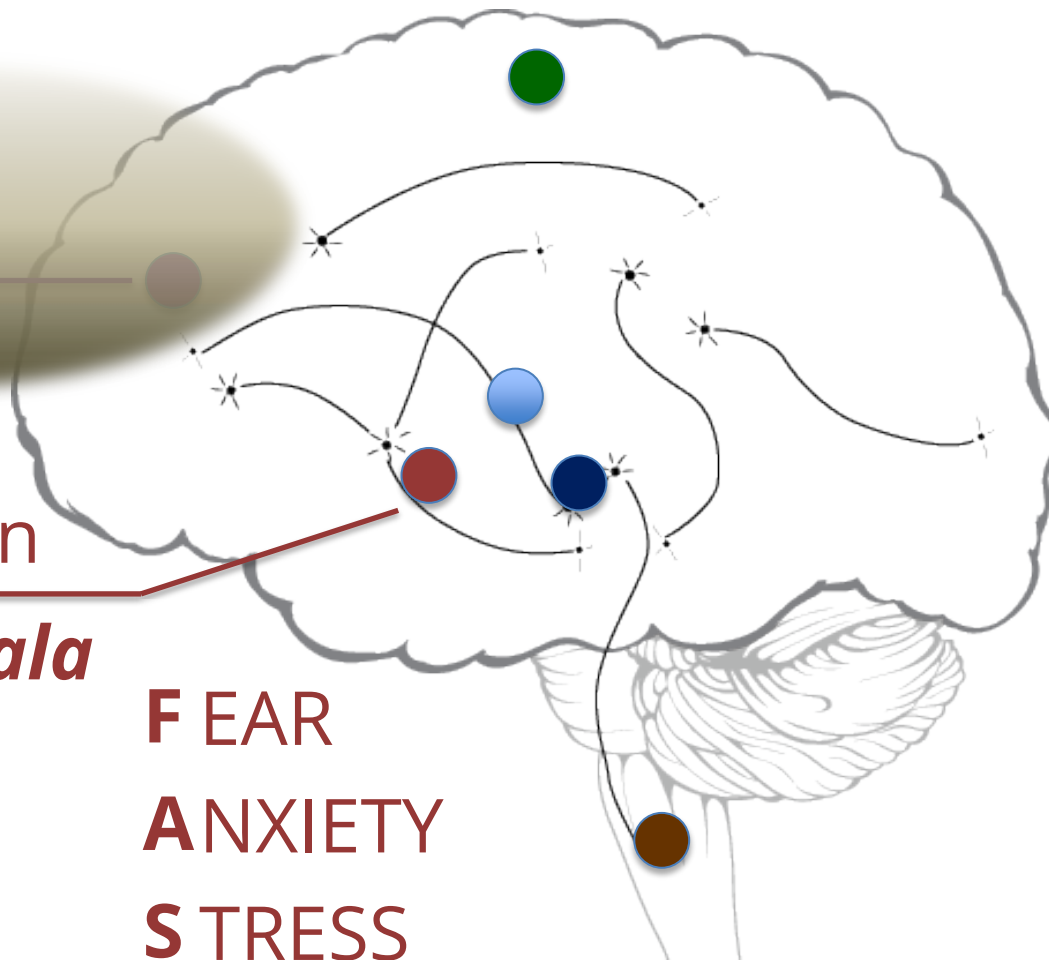


working
memory

emotion

amygdala

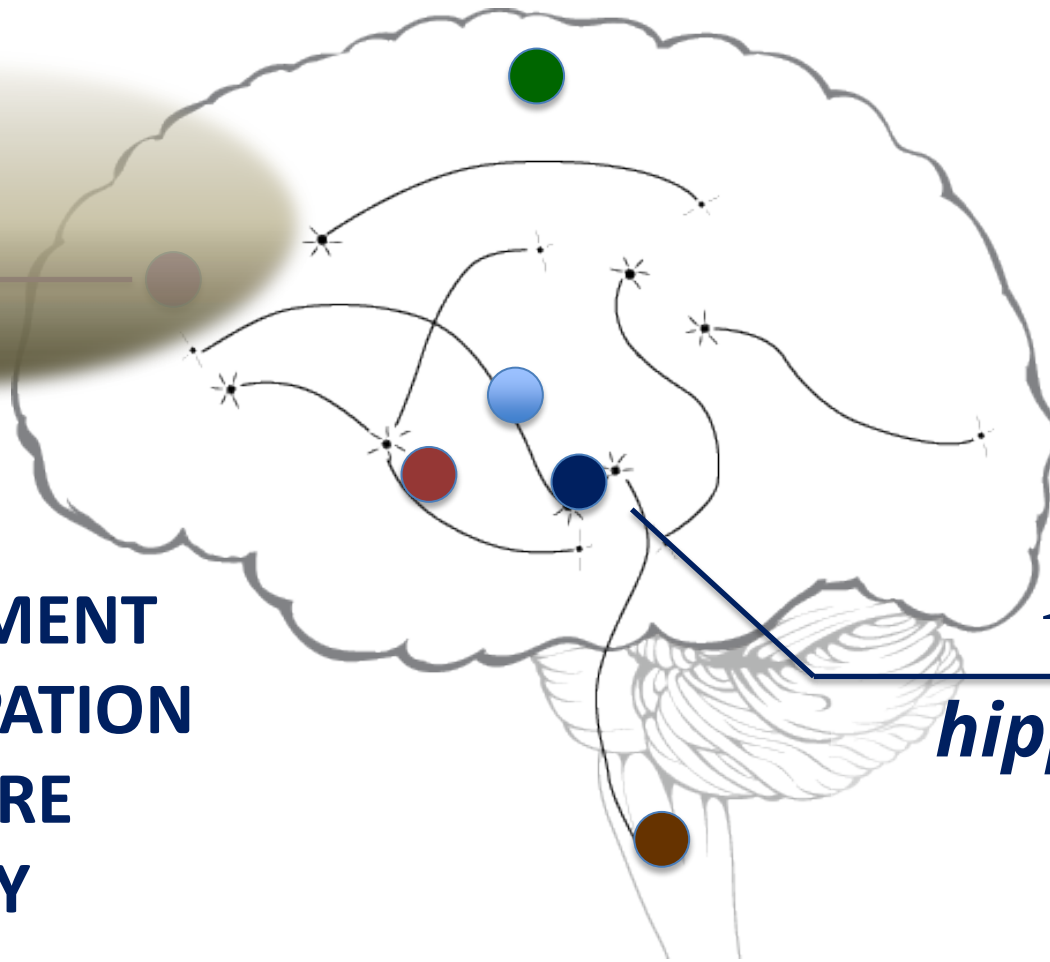
FEAR
ANXIETY
STRESS
THREAT



working
memory

**J OY
E XCITEMENT
A NTICIPATION
P LEASURE
N OVELTY**

memory
formation
hippocampus



Thank you



Quantum Learning

