

HIV/AIDS/STDs and Human Sexuality Education Regional Conference

Human Sexuality Education in a Changing World



June 8-10, 2011

Kansas City Airport Hilton

Sponsored by:

Iowa Department of Education

Kansas Department of Health & Environment

Kansas State Department of Education

Missouri Department of Health & Senior Services

Nebraska Department of Education

Office of Public Health & Science, Office on Women's Health

Region VII U.S. Department of Health & Human Services

Wyoming Department of Education



Conference Overview

Target Audience

This conference is designed for teachers, school nurses, prevention and care providers, administrators, health professionals, community health planners, physicians, counselors, persons from community-based organizations, members of the faith community, social workers, parents and public health individuals.

Accreditation

- CEU's will be available for nurses. For nurses: Please bring your nursing license.
- CHES credits will be available.
- Two hours of graduate credit through Baker University will be available on site, June 8, 2011 at an additional cost of \$50 per hour.
- An application has been submitted to National Commission for Health Education Credentialing to award Category I CHES CECH. Missouri Public Health Association (MPHA) is a designated provider of Continuing Education Contact Hours by the National Commission for Health Education Credentialing.

Registration Information

- In order to receive an e-mail confirmation, registrations must be received by June 1, 2011.
- Registrants requiring special accommodations to more fully participate in the conference may contact Dr. Darrel Lang at (785) 296-6716. We will do everything possible to accommodate your request.
- Casual dress is appropriate. To accommodate the temperature variations at the conference, please dress in layers or bring a sweater or jacket.
- No refunds for cancellations.
- Below is the link for the conference. All registrations MUST be completed online, as no faxed or mailed registrations will be accepted.

<http://events.ksde.org/Default.aspx?tabid=465>

Fees

Registration fees cover all materials, including conference CD; continental breakfasts, refreshment breaks and lunches.

- By June 1, 2011: \$250
- After June 1, 2011: \$300

Directions

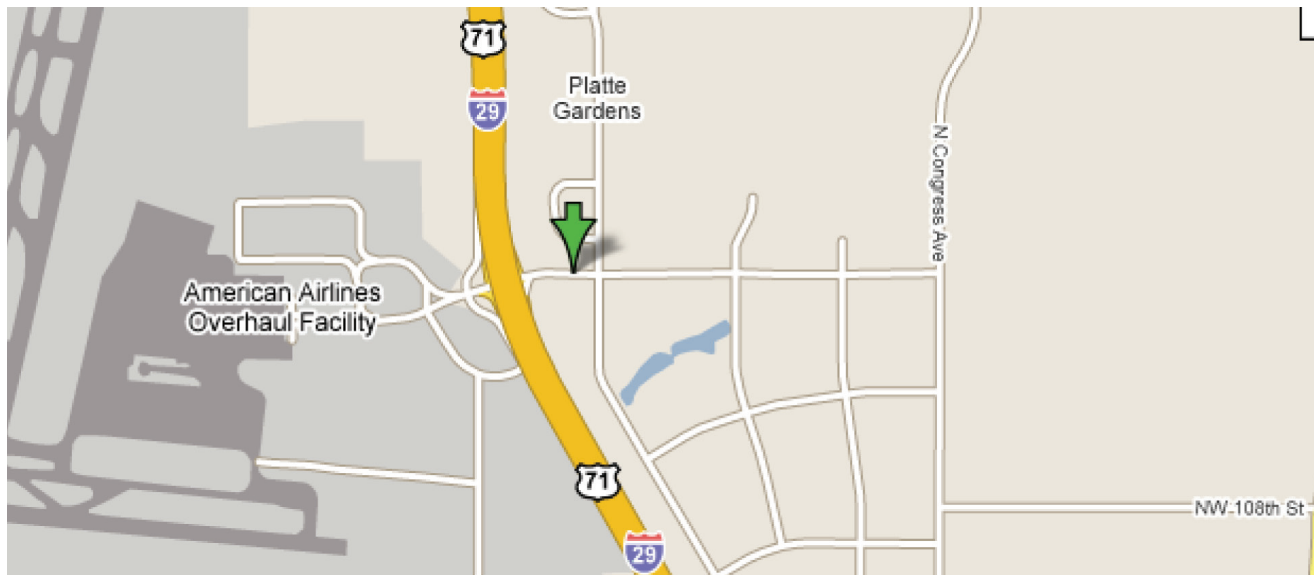


8801 NW 112 Street - Kansas City, MO 64153

HIV/AIDS/STDS and Human Sexuality in a Changing World Conference will be held at the Kansas City Airport Hilton, 8801 NW 112 Street, Kansas City, MO 64153. It is located approximately 5 minutes from the Kansas City International Airport. A free shuttle is available to the Hilton for those arriving by air. A block of rooms has been reserved for conference participants: \$99 plus applicable taxes per room per night. Cutoff date for the room block is **May 25, 2011**. To make your reservations, please call the hotel at (816) 891-8900.

<http://www.hilton.com/en/hi/groups/personalized/MCIAPHF-KSD-20110606/index.jhtml>

| | |
|-------------|---|
| Group Name: | KSDE Human Sexuality Education Conference |
| Group Code: | KSD |
| Check-in: | 06-JUN-2011 |
| Check-out: | 12-JUN-2011 |
| Hotel Name: | Hilton Kansas City Airport |



An Equal Employment/ Educational Opportunity Agency

Conference-at-a-Glance

Wednesday - June 8, 2011 (Session Descriptions - Page 4)

| Time | Shawnee Ballroom A | Shawnee Ballroom B | Kansa B | Kansa CD |
|---|--|---|--|--|
| 7:00 - 8:00 a.m. | Registration/Continental Breakfast | | | |
| 8:00 - 8:15 a.m. | Introductions/Orientation | | | |
| 8:15 - 9:30 a.m. | Keynote - Sexual Health Education in the United States: Current Status and Future Directions | | | |
| 9:30 - 9:45 a.m. | Break | | | |
| 9:45 a.m. - Noon Breakout Session 1 | C. Classroom Activities for Secondary Health: Human Sexuality Education for Teens in a Changing World | D. High Tech-Low Tech Sex: Integrating Games, Props, and Technology Into Your Sexuality Curriculum | A. 25 Years of HIV Education: What Have We Learned? | B. What About the Boys? |
| Noon - 1:00 p.m. | Lunch | | | |
| 1:00 - 3:15 p.m. Breakout Session 2 | G. Get 'em UP, Get 'em TALKING, THINKING AND LEARNING!! | H. Yakety, YAC, Talk That Chat!: Effective Teaching Strategies and Communication Techniques for Working With Youth | F. Relational Aggression and It's Roots in Femininity | E. Creating A Safe Place for All! |

Thursday - June 9, 2011 (Session Descriptions - Page 5)

| Time | Shawnee Ballroom A | Shawnee Ballroom B | Kansa B | Kansa CD |
|---|---|---|--|--|
| 7:00 - 8:00 a.m. | Registration/Continental Breakfast | | | |
| 8:00 - 8:15 a.m. | Announcements | | | |
| 8:15 - 9:30 a.m. | Keynote - Sexting: Flirting or Felony? | | | |
| 9:30 - 9:45 a.m. | Break | | | |
| 9:45 a.m. - Noon Breakout Session 3 | L. Human Sexuality Education . . . It's More Than Plumbing: Teaching Techniques for School Nurses | J. Get 'em UP, Get 'em TALKING, THINKING AND LEARNING!! | K. Knowing What They Know, Assessment Strategies for Human Sexuality and HIV/AIDS Education | I. RUUP4IT (Are you up for it?) – Understanding Social Issues and Integrating Technology in Sexuality Education |
| Noon - 1:00 p.m. | Lunch | | | |
| 1:00 - 3:15 p.m. Breakout Session 4 | O. Classroom Activities for Secondary Health: Human Sexuality Education for Teens in a Changing World. | M. High Tech-Low Tech Sex: Integrating Games, Props, and Technology Into Your Sexuality Curriculum | N. 25 Years of HIV Education: What Have We Learned? | P. Beauty Marks: Perfection or Imperfection? |

Friday - June 10, 2011 (Session Descriptions - Page 6)

| Time | Shawnee Ballroom A | Shawnee Ballroom B | Kansa B | Kansa CD |
|--|---|---|---------|----------|
| 7:00 - 8:00 a.m. | Registration/Continental Breakfast | | | |
| 8:00 - 10:15 a.m. Breakout Session 5 | S. Relational Aggression and Its Roots in Femininity | Q. Show Me The Money: How To Successfully Write A Grant for HIV/AIDS and Human Sexuality Education | | |
| 10:15 - 10:30 a.m. | Break | | | |
| 10:30 - 11:45 a.m. | Closing Keynote - Is it Okay to Laugh When Teaching Sexuality? | | | |



Keynote Address - Sexual Health Education in the United States: Current Status and Future Directions

- Dr. Howell Weschler - CDC, DASH, Atlanta, GA

Shawnee Ballroom A and B

This presentation will present the most up to date review of sexual health education policies and practices across the United States and in the states represented at this conference. It also will examine trends in these policies and practices over time. The presentation will identify barriers to making progress, as well as resources and opportunities for making progress.

Breakout Session #1

9:45 a.m. – Noon

A 25 Years of HIV Education: What Have We Learned?

- Dianne J. Kerr, PhD, CHES - Kent State University, Kent, OH

Kansa B

This workshop will take a historical look at HIV education as it has evolved from the first Surgeon General's Report to what it is today. An update of the epidemic as it currently exists in the U. S. and world will be provided. Evidence-based programs will be highlighted with an emphasis on comprehensive sexuality education and how we can assist youths to attain sexual health.

B What About the Boys?

- Daryl Lynch, MD, FAAP, FSAHM - Children's Mercy Hospital, Kansas City, MO
- Thad Wilson, RN, FNP, PhD - UMKC School of Nursing, Kansas City, MO

Kansa CD

This workshop will involve a discussion of what is unique about health care for boys and young men. Current recommendations will be reviewed including screening tests, patient health education standards and immunizations.

C Classroom Activities for Secondary Health: Human Sexuality Education for Teens in a Changing World

- Amy McClure, MS - Health Educator USD # 232 Shawnee, KS

Shawnee Ballroom A

Today's teens need our help in becoming motivated to learn. Educators teach the same material year after year, but student's attitudes, perceptions, and behaviors constantly change. Stay up-to-date on current sexual health.

D High Tech-Low Tech Sex: Integrating Games, Props, and Technology Into Your Sexuality Curriculum

- Dom Splendorio, MS - Private Consultant, New York City, NY

Shawnee Ballroom B

Games and props traditionally have been used in health education as a fun way to engage students and also serve as a form of cognitive assessment. New technology (internet resources, texting, social networking sites) have provided many opportunities (and challenges) for today's health educator. This session will focus on some ways to use 21st Century technology, as well as traditional teaching strategies, to supplement your human sexuality program.

Noon – 1:00 p.m. Lunch

Breakout Session #2

1:00 - 3:15 p.m.

E Creating A Safe Place for All!

- Nate Monson, BA - Iowa Safe Schools, Des Moines, IA

Kansa CD

According to the National Mental Health Association, 93% of youth hear derogatory words about sexual orientation once in a while in school, and 51% hear these words everyday. Often times the adults who hear this don't stop these hateful and negative comments from being said and sometimes even say it themselves to students. But how do you create a supportive school and community environment? This interactive session will demonstrate the issues LGBT youth face in coming out, bullying, and suicide risk in addition to research-based solutions for creating a more supportive environment.

F Relational Aggression and It's Roots in Femininity

- Kathy Nesteby, BSW, Ames, IA

Kansa A

This fast-paced workshop goes beyond drama and assumptions about "mean girls" and examines the gender-based roots of relational aggression. Participants will explore how feminine behavior expectations, brain development and even sexuality contribute to this phenomenon, especially among teenage girls. Participants will also leave with practical and simple...yet not easy...ways to weed out this damaging dynamic among females of all ages.

G Get'em UP, Get'em TALKING, THINKING AND LEARNING!!

- Su Nottingham, MA, Stockbridge, MI
- Al Craven, M. Sc. Ed., Stockbridge, MI

Shawnee Ballroom A

Interaction, movement, critical thinking and, above all, student learning are the key components of this workshop designed for the secondary level teacher of health and sexuality. These teaching methods are designed to increase the comfort level of both student and teacher in sexual health and will be new to the conference. Strategies demonstrated in this interactive workshop address a variety of learning styles and will augment existing sexuality curricula in a seamless manner.

H Yakety YAC, Talk That Chat!: Effective Teaching Strategies and Communication Techniques for Working With Youth

- Joel Jackson, BA - Project ARK/Washington University, St. Louis, MO
- Stephanie L. Washington, BS - Missouri Department of Health and Senior Services

Shawnee Ballroom B

The Missouri Youth Health Initiative (MYHI) utilizes youth ages 13 to 24 in the STD/HIV prevention planning process. Youth throughout Missouri join Youth Advisory Committees (YAC), which are opportunities for youth to give advice to health educators about how to better serve youth and provide STD/HIV prevention education. During this workshop, MYHI educators will share youth-approved tools and techniques for STD/HIV presentations and YAC members will discuss their experiences with MYHI and answer audience questions. The MYHI educators will also share strategies for effective inter-generational communication to help participants more effectively reach youth with sex education messages!



Keynote Address - Sexting: Flirting or Felony?

- Nora Gelperin, M. Ed. - Answer, Piscataway, NJ

Shawnee Ballroom A & B

You've seen the headlines about teens sending nude pictures via cell phone and aggressive prosecution charging teens with pornography or even sex crimes. Schools are struggling with how to address this complex situation and often there are no policies or guidelines. Together we will explore the complicated issue of sexting and review concrete suggestions and recommendations for school professionals about how to help protect teens – sometimes from themselves.

Breakout #3

9:45 a.m. – Noon

RUUP4IT (Are you up for it?) – Understanding Social Issues and Integrating Technology in Sexuality Education

- Kelly Wilson, PhD, CHES - Texas State University, San Marcos, TX

Kansa CD

Technology has become a large part of our changing world and lives. Youth use tools such as the computer or cell phone every day. With the fast-paced development of new technology, teachers need to embrace technology and integrate it into sexuality education.

Get 'em UP, Get 'em TALKING, THINKING AND LEARNING!!

- Su Nottingham, MA - Central Michigan University, Stockbridge, MI
- Al Craven, M. Sc. Ed., - Adrian College, Adrian, MI

Shawnee Ballroom B

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Knowing What They Know, Assessment Strategies for Human Sexuality and HIV/AIDS Education

- Michelle Hiscock, MA, Fowlerville, MI

Kansa B

Tools for guiding instruction-based on what students have learned and/or know related to sexuality education. Teaching strategies will include creative and various ways to assess student learning going on during and after sexuality and HIV/AIDS lessons. The strategies will be using simple materials often found within the classroom. . Assessment strategies will also incorporate some free Web 2.0 tools. These strategies are applicable for secondary levels.

Human Sexuality Education... It's More Than Plumbing: Teaching Techniques for School Nurses

- Amy Cory, RN, CRNP, PhD - Valparaiso University, Valparaiso, IN

Shawnee Ballroom A

Although school nurses are well equipped to provide sexuality education to students, many may not be fully aware of the array of teaching techniques available to effectively engage students in the classroom setting. The purpose of this session is to provide school nurses with:

1. evidence-based strategies to teach effective human sexuality education programs,
2. teaching techniques for effective human sexuality education programs, and
3. evaluation measures for effective human sexuality education programs.

This interactive session will provide school nurses with information and activities that can easily be incorporated into their classrooms, schools, and districts.

Noon – 1:00 p.m.

Lunch

Breakout Session #4

1:00 – 3:15 p.m.

M High Tech-Low Tech Sex: Integrating Games, Props, and Technology Into Your Sexuality Curriculum

- Dom Splendorio, MS - Private Consultant, New York City, NY

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P Beauty Marks: Perfection or Imperfection?

- Rhonda Ruby, RN, BA, Des Moines, IA
- Jenna Carlson, BS, Des Moines, IA

Kansa CD

This upbeat and interactive workshop will take a fresh look at how advertisers distort and destruct ideals of young women's body images, particularly for young women of color. It will focus on media literacy issues and will address the effects and impacts on image and diversity. In addition, we will examine a range of media outlets to show a pattern of gender stereotypes that reinforce unrealistic perceptions of beauty and perfection, and how we can empower young women from all backgrounds to reject these ideals.

8:00 – 10:15 a.m.

Q Show Me The Money: How To Successfully Write A Grant for HIV/AIDS and Human Sexuality Education

- Darrel Lang, Ed. D. - Education Program Consultant, Kansas State Department of Education
- Jane Stueve, RN, BS - Kansas Department of Health and Environment, Topeka, KS

[Shawnee Ballroom B](#)

In these days of decreased funding in education, everyone is looking for ways to fund programs. This workshop will give specific ideas in: identifying funding sources, writing proposals guidelines, and following the proposal to successful delivery of a grant.

R Creating A Safe Place for All!

- Nate Monson, BA - Iowa Safe Schools, Des Moines, IA

[Kansa CD](#)

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T RUUP4IT (Are you up for it?) – Understanding Social Issues and Integrating Technology in Sexuality Education

- Kelly Wilson, PhD, CHES - Texas State University, San Marcos, TX

[Kansa B](#)

Technology has become a large part of our changing world and lives. Youth use tools such as the computer or cell phone every day. With the fast-paced development of new technology, teachers need to embrace technology and integrate it into sexuality education. Participants will explore tools, resources and techniques that incorporate technology into sexuality education.

10:30 – 11:45 a.m.



Closing Keynote - Is it Okay to Laugh When Teaching Sexuality?

- Sharon Miller, RN, MS, CHES, Des Moines, IA

[Shawnee Ballroom A/B](#)

Why don't we use humor when teaching sexuality? Are we scared that if we laugh our students won't take the subject matter seriously? Research suggests that humor benefits the learning process. During this keynote, participants will explore the strategic use of humor in sexuality education from jokes to carefully selected comics. Laugh and learn as we explore humor as an important ally in sexuality education.

