Connected & Wholehearted

Shame, Vulnerability, and Courage

It is not the critic who counts: not the man who points out how the strong man stumbles or where the doer of deeds could have done better. The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs and comes up short again and again, because there is no effort without error or shortcoming, but who knows the great enthusiasms, the great devotions, who spends himself for a worthy cause; who, at the best, knows, in the end, the triumph of high achievement, and who, at the worst, if he fails, at least he fails while daring greatly, so that his place shall never be with those cold and timid souls who knew neither victory nor defeat.



	Relationships				
	College & Career Ready	Leadershi p (including school board)	Teacher s	Partnership s & Community	Family Engagemen t
Implementin g	All Student s with ICPS				
Transitioning	V 10 201		State Average		
Modeling	Strong Growth		100 % HET		
Points	1		3		5
Weights			3 1 1		

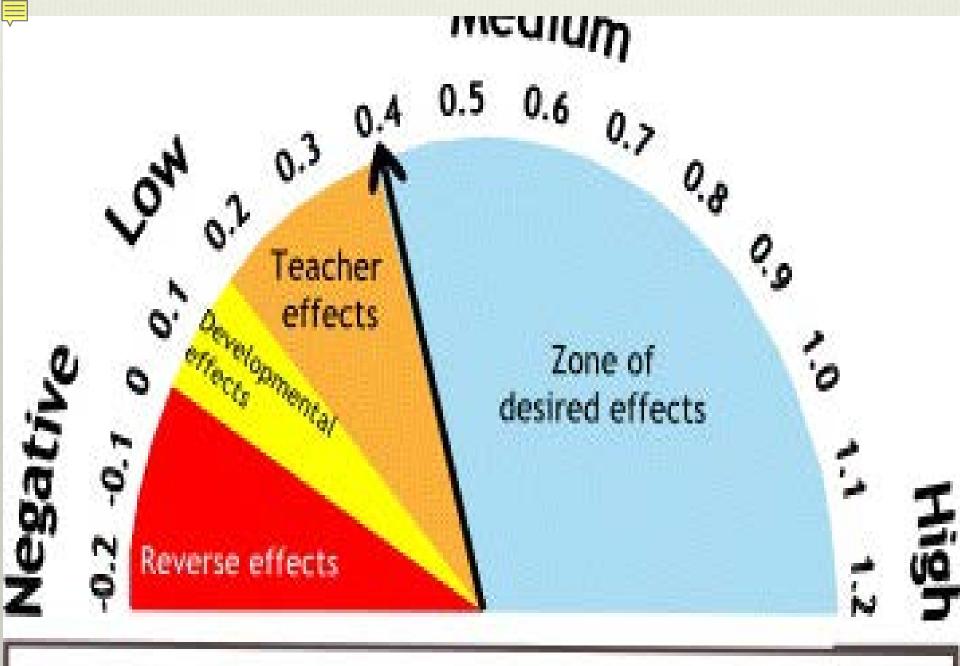
Responsive Culture

Student Inclusion and Involvement	Early Childhood Education & Care (ECEC)	Nutrition & Health	Innovation
		Project- based learning	
1	1	5	



What students want to know...

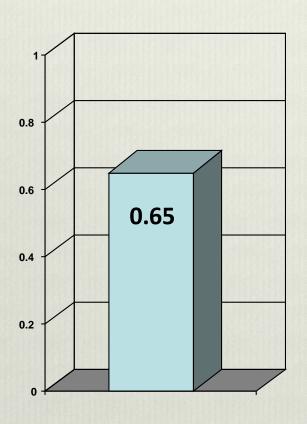
- 1. Am I in the right room?
- 2. Where am I supposed to sit?
- 3. What are the rules in this classroom?
- ❖ 4. What will I be doing this year?
- ❖ 5. How will I be graded?
- 6. Who is the teacher as a person?
- 7. Will you treat me as a human being?



The hinge-point; average effect-size 0.4

Application of Knowledge

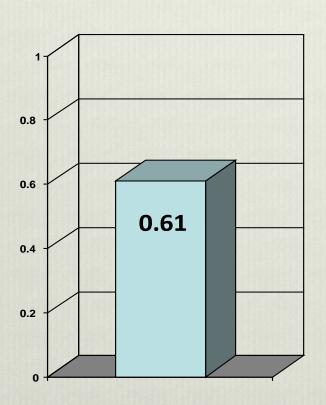
Effective



.65 SD = 1.30 Years Growth per Year

Literacy Strategies

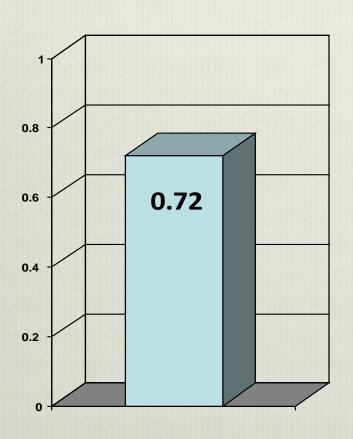
Effective



.61 SD = 1.22 Years Growth per Year

Student-Teacher Relationship

Effective



.72 SD = 1.44 Years Growth per Year

CONNECTION

- ***IT'S WHY WE ARE HERE!**
- *IT GIVES PURPOSE AND MEANING TO OUR LIVES
- *NEUROBIOLOGICALLY IT IS HOW WE ARE WIRED...



When you ask people about...

- *Love
- *Belonging
- **&**Connection

Shawn



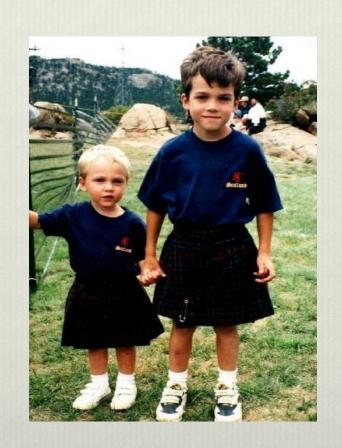
The fear of disconnection.

Shame is the intensely painful feeling or experience of believing we are flawed and therefore unworthy of acceptance and belonging

Truman



For connection to really happen, we have to allow ourselves to be seen... really seen.





In the research people were falling into 1 of 2 groups...

People who have a sense of love and belonging.

* And...

Those who do not

What did those who felt they were "worthy" have in common?



COURAGE

Courage – to tell the story of whom you are with your whole heart.

They had the courage to be Imperfect.

They had the **COMPASSION** to be kind to themselves first. ... and then to others.







They believed that what made them vulnerable made them beautiful.



The birthplace of innovation, creativity, and change.





Wholehearted

We numb vulnerability.

We make everything that is uncertain to certain.

...there's just blame
...a way to discharge pain and
discomfort

We perfect...what are we doing to our

....what are we doing to our kids???

We pretend...

...our indifference or misbehavior doesn't matter.



LET OURSELVES BE SEEN...

...deeply seen...vulnerably seen.

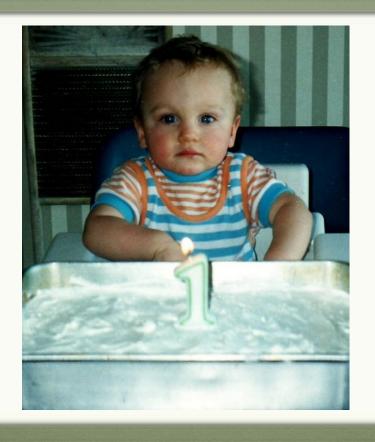
...me, too.



EARN IT...



...help our students do the same.



"I'm full."

-Tanner

What about your students... all your students?

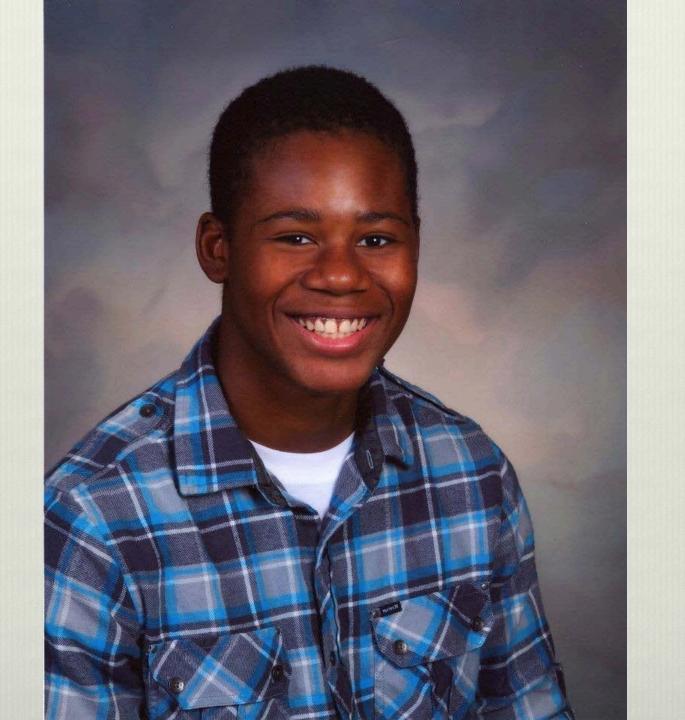
Who are you missing?

Get A Plan...

FIX IT!!!!

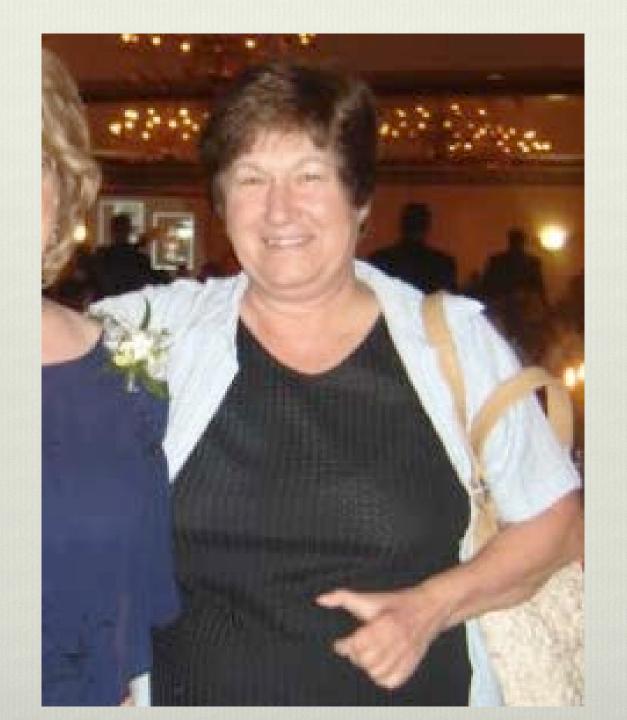
FIX IT!!!

- **GET A PLAN**
- ❖ TEACH KIDS FIRST... CURRICULUM SECOND
- ❖ SIGNIFICANT LEARNING CAN ONLY TAKE PLACE WITH SIGNIFICANT RELATIONSHIP
- **❖** MAKE YOURSELF VULNERABLE
- ❖ EARN THE RIGHT TO HEAR THEIR STORY...





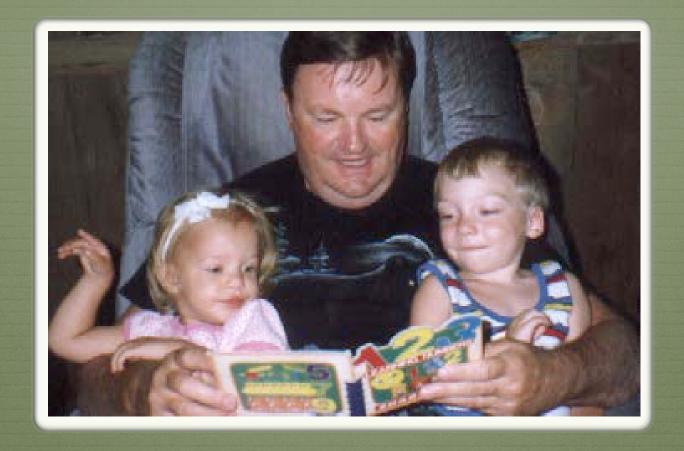






Cottonwood Falls Grade School





Stories...